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A strategic solution for a

# Healthier Smarter Future







Our mission is to prioritize the health and well-being of students by removing barriers and creating connections that promote a healthy lifestyle. By unlocking the power of healthcare, we ensure that students have the tools and resources they need to reach their full potential.

We believe that a healthy mind and body are essential for academic success and hence we are committed to support students in achieving their goals. Together, we can unite the potential of all students and create a brighter, healthier future for everyone.





# Aim of our team

BELLOWELL is a Comprehensive School Health Care Program that aims to inculcate positive attitudes towards health, self-esteem, life skills, and behavior in school children. It is a collaborative effort of doctors, healthcare professionals, IT experts, and other field specialists who have expertise in designing, delivering, and maintaining optimal school health standards. The program addresses the physical, mental, and spiritual aspects of a child's personality and focuses on eliminating threats such as depression, disorders, and deformities due to stress, bullying, isolation, etc..



#### **OBESITY**



The craze for junk food and TV is a leading factor for obesity and related ills like hypertension.

#### **MALNUTRITION**



Improper dietary habits leads to nutritional deficiency causing anemia & other diseases

#### PHYSICAL DISORDERS



Improper healthcare leads to problems like dental caries, eye sight issues, asthma, TB etc.

#### **STRESS & ANXIETY**



Cut throat competition & high ambition make for a depressive combination. Bullying behavior stress due to physical changes.

#### **DRUG ABUSE**



Bad habits like smoking, drinking and drug addiction leads to various heath issues.







"Health in Mind" reflects a new approach to make health & wellness a part of school experience.

Our program is designed to be flexible and customizable to meet the unique needs and priorities of each school. Whether your school is looking to promote healthy eating habits, improve physical fitness and psycho-emotional fitness we have got you covered

### **OUR SERVICES**



ON SITE SCHOOL CLINIC

DIGITAL HEALTH RECORDS
AND FOLLOW-UPS





BEHAVIOURIAL & PSYCHOLOGICAL ASSESSMENTS

FIRST AID TRAINING AND INSURANCE



PHYSICAL HEALTH ASSESSMENTS AND CONSULTATIONS

WELLNESS AND SAFETY SESSIONS INCLUDING YOGA & MEDITATION





**HEALTHY DIET CHARTS** 

HEALTH EVENTS, CAMPS, QUIZ AND COMPETITIONS





FOR STAFF - TRAINING ON FIRST-AID, CPR, Etc.



**Get your** 

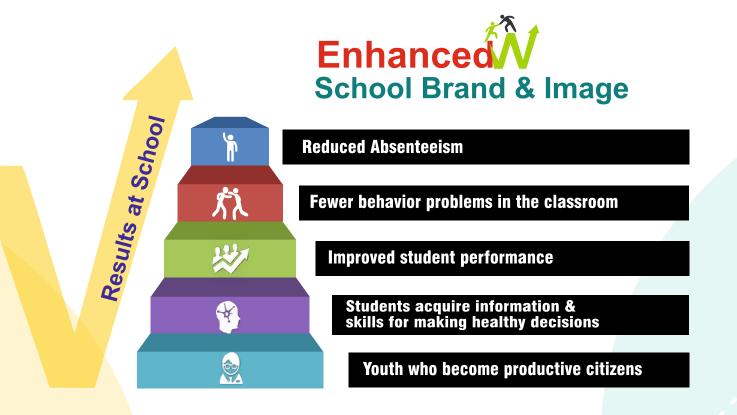
SCHOOL MEDICO-LEGALLY COMPLIANT

Bellowell At School uses the right infrastructure, documentation and SOPs, designed by a medico legal team of lawyers and doctors to maintain high standards of Health, Safety and Security.

Mishaps can happen anywhere. Preparedness is what really matters....

Bellowell At School supports schools in becoming medico legally compliant by adapting the following

- Qualified, intensive care trained nurse in school campus during working hours
- Training of school staff to help in medical emergencies
- Right infrastructure to handle all sorts of medical emergencies
- Right documentation and follow up processes
- Process review and reinforcements by our team of lawyers and paediatricians
- Legal assistance, in case of medical mishaps streamlined processes





## It's an investment, not a cost





Higher Motivational Level

Improves Academic Performance

Higher participation in arts & culture

Higher fitness level for sports

We evaluate the effectiveness of the program and provide feedback to continuously improve it. Our evolution process includes student and staff surveys, program monitoring and data analysis.

## The Importance of Promoting Health and Wellness in Schools

As children enter classrooms across the country each morning, schools have a responsibility to deliver on the promise of quality education leading to a productive and prosperous life. However, the link between education and health is often missing, affecting a student's academic performance.

By incorporating health and wellness into the school culture, we can minimize the academic achievement gap and ensure the next generation thrives



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